



ROUTE PLANNING GUIDE

1. Initial Assessment

- Identify your adventure type (hiking, cycling, paddling)
- Assess skill level of all participants
- Determine maximum daily distance capabilities
- List any physical limitations or considerations
- Define your time constraints

2. Location Research

- Study detailed maps of your chosen area
- Identify access points and exit routes
- Research local regulations and permits
- Check seasonal accessibility
- Review historical weather patterns
- Research local emergency services

See more on our website: ↴



www.alladventurecompany.com



3. Route Design Elements

For Day Trips

- Map circular or out-and-back routes
- Note car parking locations
- Mark public transport options
- Identify shelter points
- List water sources
- Mark potential rest stops

For Multi-Day Adventures

- Plan daily distance targets
- Mark camping or accommodation points
- Note resupply locations
- Identify water sources
- Mark terrain challenges
- List alternative routes
- Note phone coverage areas





4. Safety Planning

Emergency Access Points

- Mark nearest road access
- Note helicopter landing zones
- List local emergency numbers
- Mark nearest medical facilities
- Identify shelter locations

Navigation Tools

- Download offline maps
- Carry paper maps and compass
- Mark key waypoints
- Note distinctive landmarks
- Record GPS coordinates

5. Daily Planning

Time Estimates

- Calculate walking/cycling/paddling times
- Add rest breaks
- Include meal stops
- Factor in photo opportunities
- Add contingency time



Key Checkpoints

- Morning start point
- Lunch location
- Evening destination
- Alternative stops
- Emergency exits

6. Environmental Considerations

- Sun exposure periods
- Shade availability
- Water crossings
- Exposed sections
- Seasonal hazards
- Wildlife areas

7. Route Documentation

Create Route Card Including:

- Start point coordinates
- Key waypoints
- Distance between points
- Expected timings
- Emergency contacts
- Escape routes
- Group leader's details
- Equipment carried





8. Final Checks

- Share route plan with reliable contact
- Check the latest weather forecast
- Verify permit requirements
- Confirm accommodation bookings
- Test communication devices
- Review emergency procedures

9. During Adventure

- Monitor progress against plan
- Track weather changes
- Note actual timings
- Mark any route changes
- Record useful information for future trips

Remember:

- Always have back up routes planned
- Don't rely solely on electronic devices
- Update emergency contacts regularly
- Adapt plans based on conditions
- Document experiences for future reference